

Platz	Pl.m	Pl.w	Stnr.	Name,Vorname	Verein	GJ	AK	Akm	Akw	Endzeit	Rückst.	Runde1	Runde2	Runde3	Runde4
1	1		159	Knopf, Stephan	SV Nordhausen 90	83	M30	1		00:53:24	00:00:00	00:12:40	00:13:25	00:13:46	00:13:33
2	2		155	Konschak, Ulrich	SV Nordhausen 90	71	M40	1		00:53:30	00:00:06	00:12:40	00:13:25	00:13:47	00:13:38
3	3		152	Seidel, Peter	SV Nordhausen 90/Triathlon	89	MHK	1		00:55:20	00:01:56	00:12:48	00:13:43	00:14:28	00:14:21
4	4		133	König, Yves	Team ERDINGER Alkoholfrei	74	M40	2		00:57:07	00:03:43	00:13:23	00:14:08	00:14:36	00:15:00
5	5		124	Furchner, Ingo	SV Glückauf Sondershausen	67	M45	1		00:58:24	00:05:00	00:14:29	00:14:43	00:14:40	00:14:32
6	6		123	Knoll, Martin	LG Bad Frankenhausen/Göllingen	88	MHK	2		01:00:08	00:06:44	00:13:47	00:15:18	00:15:45	00:15:18
7	7		151	Morgenstern, Dennis	SV Nordhausen 90	84	M30	2		01:00:20	00:06:56	00:14:14	00:15:15	00:15:37	00:15:14
8	8		121	Pelzel, Mario	VfL 28 Ellrich	66	M45	2		01:01:12	00:07:48	00:14:48	00:15:32	00:15:25	00:15:27
9	9		132	Franke, Daniel	ASV Sangerhausen	73	M40	3		01:01:38	00:08:14	00:14:50	00:15:20	00:15:41	00:15:47
10	10		113	Trogisch, Volker	VfL 28 Ellrich	68	M45	3		01:01:45	00:08:21	00:14:37	00:15:41	00:15:53	00:15:34
11	11		165	Maus, Michael	SG Dynamo Drebsdorf	68	M45	4		01:01:48	00:08:24	00:16:08	00:15:50	00:15:30	00:14:20
12	12		141	Pflüger, Nico	Team Q	74	M40	4		01:01:56	00:08:32	00:14:19	00:15:33	00:16:03	00:16:01
13	13		137	Schlöffel, Janko	NSV	62	M50	1		01:02:07	00:08:43	00:14:49	00:15:32	00:15:52	00:15:54
14	14		112	Kouschil, Thomas	Klemme AG	69	M45	5		01:02:44	00:09:20	00:14:51	00:15:53	00:16:06	00:15:54
15		1	154	Konschak, Katja	SV Nordhausen 90	78	W35		1	01:02:53	00:09:29	00:14:28	00:15:42	00:16:16	00:16:27
16	15		125	Schulz, Stefan	eldorado Nordhausen	75	M40	5		01:03:01	00:09:37	00:14:35	00:16:01	00:16:16	00:16:09
17	16		129	Schmidt, Gerald	SV Glückauf Sondershausen	56	M55	1		01:03:07	00:09:43	00:15:04	00:15:47	00:16:11	00:16:05
18	17		127	Mackensen, Sylvester	SG Sondershausen	73	M40	6		01:03:20	00:09:56	00:16:20	00:16:00	00:15:38	00:15:22
19	18		158	Weber, Jürgen	Seeburg	69	M45	6		01:04:03	00:10:39	00:14:33	00:15:51	00:16:42	00:16:57
20	19		130	Schmidt, Oliver	Ironmen Großbrüchter	87	MHK	3		01:04:05	00:10:41	00:15:11	00:16:09	00:16:34	00:16:11
21	20		136	Hippe, Thomas	Team Kyffhäuser	82	M30	3		01:04:36	00:11:12	00:15:07	00:16:09	00:16:37	00:16:43
22	21		102	Zimmermann, Niklas	TG-La-Pe-Ka	90	MHK	4		01:04:47	00:11:23	00:14:42	00:16:13	00:17:11	00:16:41
23	22		131	Hoffmann, Karsten	SV Glückauf Bleicherode	76	M35	1		01:04:58	00:11:34	00:16:05	00:16:17	00:16:30	00:16:06
24	23		138	Heinicke, Mario	LG Osterwieck	62	M50	2		01:05:05	00:11:41	00:15:41	00:16:28	00:16:37	00:16:19
25	24		128	Hartung, Rene	eldorado Nordhausen	79	M35	2		01:06:38	00:13:14	00:15:42	00:16:53	00:17:09	00:16:54
26	25		150	Karburm, Jens	Altstadt	76	M35	3		01:07:18	00:13:54	00:16:12	00:16:48	00:17:10	00:17:08
27	26		119	Hausmann, Andreas	LTV Erfurt	62	M50	3		01:09:13	00:15:49	00:16:29	00:17:38	00:17:46	00:17:20
28		2	153	Schulze, Claudia	Mühlhausen	80	W35		2	01:09:31	00:16:07	00:16:46	00:17:25	00:17:39	00:17:41
29	27		160	Probst, Stefan	Nordhausen	63	M50	4		01:10:13	00:16:49	00:16:03	00:17:36	00:18:17	00:18:17
30	28		106	Bachmann, Nico	SV Kyffhäuser	86	MHK	5		01:10:29	00:17:05	00:16:16	00:17:35	00:18:17	00:18:21
31	29		105	Hammer, Matthieu	Göttingen	83	M30	4		01:11:16	00:17:52	00:18:04	00:17:59	00:18:26	00:16:47
32	30		142	Schmidt, Swen	Straßberg	79	M35	4		01:11:42	00:18:18	00:17:46	00:18:05	00:18:09	00:17:42

33	31		140	Heintze, Kai	Hainichläufer	67	M45	7		01:11:46	00:18:22	00:16:47	00:18:03	00:18:49	00:18:07
34		3	146	Lempke, Linna	fat fighters	81	W30		1	01:11:50	00:18:26	00:17:05	00:18:00	00:18:28	00:18:17
35	32		104	Tuffy, Liam	Göttingen	82	M30	5		01:12:15	00:18:51	00:18:06	00:17:56	00:18:26	00:17:47
36	33		134	Weber, Harald	MTV 1878 Bleicherode	69	M45	8		01:13:17	00:19:53	00:17:33	00:18:19	00:18:37	00:18:48
37	34		166	Heide, Daniel	Nordhausen	93	MHK	6		01:13:21	00:19:57	00:18:20	00:18:35	00:18:27	00:17:59
38	35		116	Schmid, Christopher	Osterode am Harz	86	MHK	7		01:13:25	00:20:01	00:17:17	00:18:10	00:18:54	00:19:04
39		4	143	Kind, Christiane	Salamander FC	85	W30		2	01:14:00	00:20:36	00:17:40	00:18:37	00:19:09	00:18:34
40	36		161	Peterseim, Manuel	Nordhausen	88	MHK	8		01:14:17	00:20:53	00:17:15	00:18:35	00:00:00	00:00:00
41	37		135	Ehrhold, Sascha	RRCN	87	MHK	9		01:14:19	00:20:55	00:17:13	00:19:07	00:19:12	00:18:47
42	38		147	Rinn, Thomas	Nordhausen	66	M45	9		01:14:29	00:21:05	00:18:22	00:18:24	00:18:51	00:18:52
43	39		139	Mengert, Lothar	LG Osterwieck	57	M55	2		01:15:46	00:22:22	00:18:19	00:18:47	00:19:02	00:19:38
44	40		115	Olbrich, Fabian	FH Nordhausen	91	MHK	10		01:15:52	00:22:28	00:18:20	00:18:47	00:19:02	00:19:43
45	41		144	Bley, Dirk	Jena	71	M40	7		01:16:42	00:23:18	00:18:01	00:18:50	00:19:43	00:20:08
46	42		114	Schindler, Lutz	MSV Eintracht Halberstadt	46	M65	1		01:16:57	00:23:33	00:17:28	00:19:27	00:19:59	00:20:03
47	43		122	Walleit, Andreas	LG Bad Frankenhausen/Göllingen	66	M45	10		01:18:59	00:25:35	00:17:58	00:19:13	00:20:10	00:21:38
48	44		107	Hamann, Mike	Harztor-Läufer/SV Hannovera NSW	70	M45	11		01:19:02	00:25:38	00:19:22	00:19:46	00:20:12	00:19:42
49	45		109	Oppenhäuser, Andreas	Jazzclub Nordhausen	62	M50	5		01:19:34	00:26:10	00:18:13	00:19:55	00:20:36	00:20:50
50	46		145	Pawlik, Gerd	Erfurt	62	M50	6		01:20:26	00:27:02	00:18:29	00:19:58	00:20:56	00:21:03
51	47		117	Zennecke, Bernd	Nordhausen	52	M60	1		01:21:44	00:28:20	00:20:43	00:20:57	00:20:29	00:19:35
52	48		148	Kühnel, Reinhard	Hohenstein	55	M60	2		01:22:05	00:28:41	00:18:54	00:20:21	00:21:28	00:21:22
53		5	108	Böhm, Johanna	Wolkramshausen	96	wU20		1	01:22:11	00:28:47	00:20:03	00:21:07	00:20:49	00:20:12
54	49		162	Digmann, Klaus	Thale	54	M60	3		01:22:27	00:29:03	00:19:42	00:20:45	00:21:06	00:20:54
55	50		110	Beie, Rainer	SV Kyffhäuser	61	M50	7		01:22:45	00:29:21	00:20:39	00:21:28	00:20:17	00:20:21
56	51		111	Beie, Timo	SV Kyffhäuser	93	MHK	11		01:22:46	00:29:22	00:20:40	00:21:28	00:20:17	00:20:21
57	52		126	Louda, Rainer	Medizin QLB	62	M50	8		01:22:49	00:29:25	00:19:36	00:20:55	00:21:18	00:21:00
58	53		120	Busse, Thomas	SV Bernterode	65	M50	9		01:23:39	00:30:15	00:20:06	00:20:31	00:21:27	00:21:35
59	54		118	Lohrberg, Niklas	MTV Westerhof	93	MHK	12		01:24:32	00:31:08	00:19:44	00:21:11	00:21:26	00:22:11
60	55		156	Impens, Marcel	Nordhausen	62	M50	10		01:26:14	00:32:50	00:19:49	00:21:41	00:22:32	00:22:12
61	56		149	Fütterer, Friedbert	SV Gernrode 1887	52	M60	4		01:28:37	00:35:13	00:21:01	00:22:07	00:22:42	00:22:47